

I CAN WAIT

Receiving Texts

I understand the danger of texting and driving. I know that even though it may take only one second to glance at a received text, that one second can still kill me, or someone else.

Even glancing at a one-word text can trigger thought and emotion that can easily turn one second into a deadly train of thought. It's human nature.

All of our brains are programmed in different ways.

A single word or phrase can easily trigger distracting thoughts. It Can Wait.

Sending Texts

Knowing, Understanding and Believing the dangers and the distractions of reading a text while driving, there is NO WAY I will ever send one. Even if there is little or no traffic, I will never do it. I will consider driving to be my alone time, undisturbed by the outside world. If I feel I may be tempted, I will deliberately put my phone out of my reach.

If I feel I need to text, I will safely pull over before I start.

I promise I will not put others or myself at risk by texting and driving EVER.

I refuse to hurt anyone just because I want to exchange information. It Can Wait.

Signed _____ Date _____

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